

<http://www.frankshelton.com>

Bio

Frank Shelton, Jr. is a native of our Nation's Capital. He resides in Waldorf, Maryland. Frank's three passions are people, public service and public speaking.

He has co-authored two books THE MAKING OF AN UNSHAKABLE CHARACTER and THE VERY BEST OF TEEN SUCCESS and released three CDs: "Frankly Speaking" Frank Shelton's Favorite Stories. Frank graduated from Gardner-Webb University in Boiling Springs, North Carolina and was named a Distinguished Alumni in 1999.

At 33, Frank has worked 14 yrs on Capitol and most recently with the Republican National Committee. Frank had the pleasure to serve Members of both political parties but he realizes that people are more important than parties.

On April 12, 1995, (at 23), Frank was appointed by The Honorable Howard Greene, U.S. Senate Sergeant at Arms to work as a bi-partisan figure on the floor of the United States Senate. This opportunity enabled him to interact daily with all 100 U.S. Senators. Frank served his hometown four years under the leadership of Congressman Steny H. Hoyer (1996-2000). In 2001, he served his home state working in Governor Parris Glendening's Capitol Hill Office for the fine people of the Great State of Maryland.

Frank was always active with student government and in seventh grade served as Treasurer and was elected President of the Student Body in Middle School. He played three years of basketball at Thomas Stone High School. Frank played 11 seasons of organized basketball and coached three years while in college. Frank's greatest accomplishment was awarded not on the court but off the court. Like many students in high school, Frank was invited to many of the parties but he politely declined because he viewed his reputation more important than temporal acceptance from peers. Attending only two parties in four years of high school, Frank was crowned Prom King his senior year by 1,200 of his peers due to his convictions and kindness to all. Frank's message of hope reminds all that we can still "reach the top" without bottoming out. Frank loves to repeat the famous quote: "If you lose your wealth, you have lost nothing. If you lose your health, you have lost something but if you lose your character (reputation), you have lost everything!"

Frank's experience as an athlete, mentor, coach, youth pastor and concerned citizen enable him to not only communicate with people but more importantly connect with people. Frank loves basketball, throwing football, washing cars, making friends and most of all, his beautiful daughter, Hannah.

